

# "Mystic" SUMMER

*a journey of mystics "then" and "now."*

*The soul  
knows the way—  
let the mystics  
be our guide.*



**A Half-Day Retreat for Women and Men  
with Four Beloved Mystics**

**Prayer • Reflection • Inspiration • Community**



*Julian of Norwich*

14<sup>th</sup>-century English  
mystic who revealed  
God's deep and  
unfailing love:  
"All shall be well."



*Hildegard of Bingen*

12<sup>th</sup>-century abbess,  
visionary, and healer  
who saw all creation  
alive with God's  
life-giving energy.



*Meister Eckhart*

13<sup>th</sup>-century Dominican  
mystic who called us  
to let go of all that  
is not God and  
find the Divine within.



*John of the Cross*

16<sup>th</sup>-century poet and  
mystic who teaches  
us to trust God's  
transforming love,  
even in the dark.

*"We are all travelers to the shore of God's presence." *

DONATION

**\$30.00**



**SATURDAY, JULY 18, 2026**



**9:00 AM – 12:30 PM**

*(Continental breakfast and snacks provided)*



**OUR LADY STAR OF THE SEA PARISH HALL**

520 Lafayette Street  
Cape May, NJ 08204



*Facilitated by*

**Joan Dollinger, Pastoral Associate**  
*Our Lady Star of the Sea, Cape May*

For registration information, please contact Joan Dollinger  
at [jdollinger@ladystarofthesea.org](mailto:jdollinger@ladystarofthesea.org) or 609-884-5312 ex. 109.

