



Resource Guide for Moms in Need in the Diocese of Camden

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A Note from Life & Justice Ministries

Pregnant and parenting moms in need are in our parishes and neighborhoods. As Pope Francis reminds us, our parishes need to be “islands of mercy in the midst of the sea of indifference.” Everyone in our parish community should know where to refer a pregnant woman in need.

Walking with Moms in Need: A Year of Service give us a wonderful opportunity to assess, expand, and better communicate resources to pregnant moms and families in need at the local level. We invite all parishes and parishioners to join us as we embark on this *Year of Service*. To learn more about *Walking with Moms in Need*, please visit www.walkingwithmoms.com.

This guide book will help supplement the various supports a pregnant and/or parenting mom may find at the parish level. When a parish cannot help a pregnant or parenting mom in need, this guide book is designed to help fill in the gaps.

As Catholics, we support and love pregnant women, parenting women, and children both unborn and born. We pray in gratitude for all moms, and we give thanks to the many faithful across our diocese and country who stand in solidarity with moms and their children.

Through the intercession of the Blessed Mother, we ask God to bless this initiative to touch hearts and minds and connect pregnant and parenting moms in need with the support and resources they need to thrive.



**631 Market Street
Camden, NJ 08102
Contact (856) 583-2904**

A Prayer for Pregnant Mothers

O Blessed Mother, you received the good news of the incarnation of Christ, your Son, with faith and trust. Grant your protection to all pregnant mothers facing difficulties.

Guide us as we strive to make our parish communities places of welcome and assistance for mothers in need. Help us become instruments of God's love and compassion.

Mary, Mother of the Church, graciously help us build a culture of life and a civilization of love, together with all people of good will, to the praise and glory of God, the Creator and lover of life. Amen.

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Oración por las embarazadas

Oh Madre Santa, recibiste la buena nueva de la encarnación de Cristo, tu Hijo, con fe y confianza. Concede tu protección a todas las embarazadas que enfrentan dificultades.

Guíanos en nuestro esfuerzo por hacer de nuestras comunidades parroquiales lugares de acogida y asistencia para las madres necesitadas. Ayúdanos a convertirnos en instrumentos del amor y la compasión del Dios bondadoso.

María, Madre de la Iglesia, ayúdanos a crear la cultura de la vida y la civilización de amor, junto con todas las personas de Buena voluntad, para alabanza y gloria de Dios Creador, y amante de la vida.* Amén.

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Atlantic County Pregnancy Care Center

Jersey Shore Women's Center

335 E. Jimmie Leeds Road

Building 200, Suite D

Galloway, New Jersey 08205

(609) 568-6551

Admin@JerseyShoreWomensCenter.org

<https://www.facebook.com/JerseyShoreWomensCenter>

Services Offered:

Resources and services to all women & their families, accompanying them through all stages of life, promoting education & healthy families

Consultation- No charge

Education- Free webinars



Camden County Pregnancy Care Centers
(alphabetical by town)

Bethany Christian Services

Audubon, New Jersey 08106

By appointment only (800) 238-4269 or (215) 376-6200

<https://bethany.org/locations/us/new-jersey/south-jersey>

Free Services Offered:

Pregnancy Support- Financial support

Infant Adoption- Referrals provided

Options for Women Pregnancy Care Center

1500 North Kings Highway, Suite 110

Cherry Hill, NJ 08034

(856) 795-0048

Text to (856) 667-5910

<https://www.optionscherryhill.org/>

Free Services Offered:

Pregnancy Services- Pregnancy testing and ultrasounds, medical referrals

Education- fetal development, abortion risks and procedures, adoption

Adoption Services- Referrals provided

Post- Abortion Healing- Short term workshops available (group and individual)

Other Referrals- social worker on staff, parenting classes, financial help, social service help, housing

Camden County Pregnancy Care Centers

(continued; alphabetical by town)

Helpers N.J.

138 North Broadway, Suite A

Gloucester City, NJ 08030

(609) 870-7073

info@helpersnj.org

<https://www.helpersnj.org/>

Free Services Offered:

Education- Earn While You Learn DVDs about pregnancy, parenting, and life skills (participation earns baby items and other necessities)

Adoption Services- Facilitates open adoption, allowing birth parents to choose the adopted family and continue to be a part of the baby's life

Other Services- Accompanies mothers to doctor appointments, social service appointments, Division of Child Protection and Pregnancy meetings, court dates, and job interviews; encouragement for fathers of babies; help with housing, food, medical, utilities, transportation, and more

1st Way Life Center

528 Rickey Avenue

West Collingswood, NJ 08107

(856) 854-8100

(see also Gloucester County)

<https://1stwaylifecenter.com/>

Monday – Friday, 10 a.m. – noon and 3 – 4:30 p.m.

Free Services Offered:

Pregnancy Services- Confidential support provided

Adoption Services- Referral to Catholic Charities

Post- Abortion Services- Referral to Center for Post Abortion Healing

Other Services- Infant supplies; housing information

Cape May County Pregnancy Care Centers

Hope Pregnancy Centers

<https://hopepregnancycenternj.org/services/>

321 West Avenue
Ocean City, NJ 08226
(609) 398-9449

Walk-ins only, Tuesdays, 10 a.m. – 3 p.m.

and

1508 Route 47
Rio Grande, NJ 08242
(609) 886-7022

Thursdays, 10 a.m. – 3 p.m

Free Services Offered:

Pregnancy Services- Free pregnancy testing; professional referrals

Education- Earn While You Learn DVDs about pregnancy, parenting, and life skills (participation earns baby items and other necessities)

Post- Abortion Services- Counseling provided

Other Services- Maternity and infant supplies; adoption referrals; STD/STI information; support for men



Cumberland County Pregnancy Care Centers

Cornerstone Women's Resource Center (Services in Cumberland County)

567 Salem-Quinton Road

Salem, NJ 08079

(see also Salem County)

(856) 935-0300 and (856) 453-0030

<https://cornerstonewrc.org/>

Fully-Equipped Mobile Unit Schedule

- Mondays: Millville, Cumberland Mall area (Arby's Parking Lot),
10 a.m. – 4 p.m.
- Wednesdays: Bridgeton, Walmart (Carlls Corner Area, Rt 77),
10 a.m. – 4 p.m.
- Thursdays: Vineland, Walmart (Landis Ave. near Delsea),
10 a.m. – 4 p.m.

Free Services Offered:

Pregnancy Services- Pregnancy testing, ultrasounds, options education; medical referrals, pregnancy and parenting education; pregnancy loss recovery

Education- Earn While You Learn DVDs about pregnancy, parenting, and life skills (participation earns baby items and other necessities)

Adoption: Referrals provided

Other Services- Housing referrals, materials assistance

Gloucester County Pregnancy Care Centers

(alphabetical by town)

Choices of the Heart

A Women's Resource Center

108 Greentree Road, Suites LM

Turnersville, NJ 08012

(856) 374-2445

24 Hr Hotline: (800) 712-4357

www.choicesoftheheart.com

Call for an appointment:

Mondays, 9 a.m. - 8 p.m.

Tuesday-Friday, 9 a.m. - 5 p.m.

Free Services Offered:

Pregnancy Services- Pregnancy testing/ultrasound verification, Mobile Unit travels to various sites; medical consultation with Board Certified OB/GYN Physician

Education- Earn While You Learn DVDs about pregnancy, parenting, and life skills (participation earns baby items and other necessities); abortion risks and procedures; types of adoption

Adoption Services- Referrals provided

Post- Abortion Healing- Confidential support and counseling; 7-week program available

Other Services- STD/STI information

Gloucester County Pregnancy Care Centers

(continued; alphabetical by town)

1st Way Life Center

686 N. Broad Street

Woodbury, NJ 08096

(856) 848-1819

<https://1stwaylifecenter.com/>

Monday – Friday, 9:30 a.m. – 12:30 p.m. and 7 – 9 p.m.

Services Offered:

Pregnancy Services- Pregnancy testing, ultrasound referrals, medical referrals

Post- Abortion Services- Referral to Center for Post Abortion Healing

Adoption Services- Referral to Catholic Charities, and Bethany Christian Services

Post Abortion Services- Referral to Project Rachel and other programs

Other Services- Infant supplies; housing information, legal referrals, shelter placement



Salem County Pregnancy Care Center

Cornerstone Women's Resource Center

567 Salem-Quinton Road

Salem, NJ 08079

(see also Cumberland County)

(856) 935-0300 and (856) 453-0030

<https://cornerstonewrc.org/>

Monday – Thursday, 9 a.m. – 4 p.m.

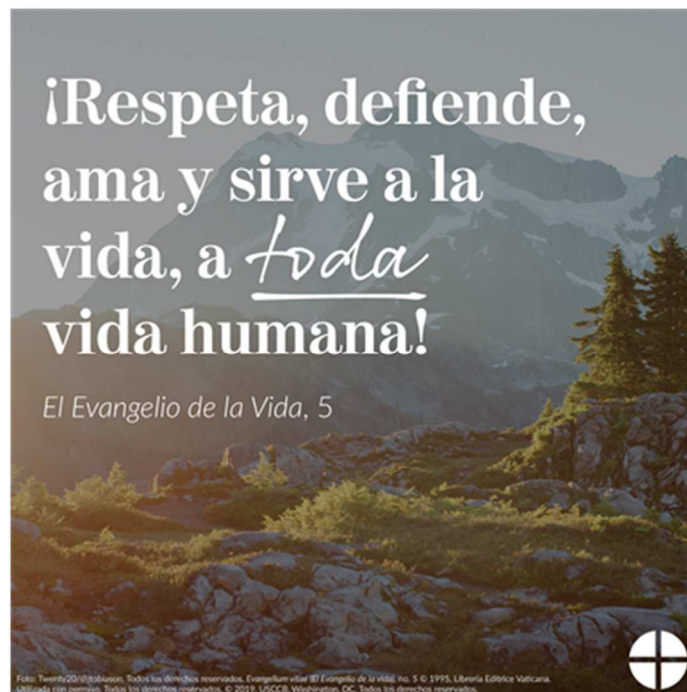
Free Services Offered:

Pregnancy Services- Pregnancy testing, ultrasounds, options education; medical referrals, pregnancy and parenting education; pregnancy loss recovery

Education- Earn While You Learn DVDs about pregnancy, parenting, and life skills (participation earns baby items and other necessities)

Adoption: Referrals provided

Other Services- Housing referrals, materials assistance



Catholic Family Resources

Catholic Charities Social Services

(856) 342-4162

sylvia.loumeau@camdendiocese.org

Services Offered:

- Intake and Referral/Project Rachel (post-abortion healing)
- food and clothing
- housing assistance
- adoption service
- counseling
- domestic violence support
- and more

VITALity

A Healthcare Ministry of the Diocese of Camden

631 Market Street

Camden, NJ 08102

(856) 583-6120

Nicole.keefer@camdendiocese.org

<https://vitality.camdendiocese.org/>

Services:

- VITALity Parish Nurse Ministry offers health promotion and education during pregnancy.
- Parish nurses promote health advocacy helping to empower moms to lead healthier lives and choose healthy lifestyles for them and their babies.

Catholic Family Resources
(continued)

Guadalupe Family Services

509 State Street
Camden, NJ 08102

Open by appointment only; call (856) 365-8081.

incamdenforcamden@gmail.com

<https://guadalupefamilyservices.org/>

Free Services: Bi-lingual professional social services with clinical and community resources, professional counseling, youth programs, charitable assistance, therapy, diaper program

SSJ Neighborhood Center

904 North 25th Street
Camden, NJ 08105

connect@ssjnc.org

(856) 338-8220

Free Services: Food pantry, English classes, sewing and crocheting groups, community gardening, computer access

Good Council Homes-Homeless Mothers

(800) 723-8331 (National Line 24/7)

<https://www.goodcounselhomes.org/>

Services: Temporary housing for pregnant moms, budgeting and vocational assistance, parenting, nutrition, spirituality and chastity, health and AIDS education, post-abortion healing

Other Resources

Center for Family Services

151-153 N. Broad Street
Woodbury, NJ 08096

Appointment by referral only
(856) 853-1761

<https://www.centerffs.org/>

Open 24 hours, 7 days a week

Free Services: Temporary residential shelter for women and mothers with children

