



Think First & Stay Safe!

The Fun/Games Lure

Lesson #14

Rest and play are important to our health and well-being. Even God rested on the seventh day! There is a time for work and a time for play.

While our sacramental celebrations are not play, they are celebrations. The richness of the symbols used in them expresses our human involvement in the divine life of Jesus.

The prayer included, A Students Creed, offers the children a unique way of approaching what they are about.

A Students Creed

Today, this new day, I am a successful student. Overnight my mind and body have produced thousands of new cells to give me the greatest advantages possible. I am born anew, revitalized, and full of energy.

I am rare and valuable; unique in all the universe. I am nature's greatest miracle in action. I have unlimited potential. I believe in my abilities, attitudes, and goals. I am worthy of greatness because I am the most important person in my world.

Today I push myself to new limits. I use my skills and knowledge every day. I begin the day with a success and end it with a success. My goals are being reached every day and I seek them eagerly.

I act positively and happily, fully accepting myself and others. I live to the fullest by experiencing life without limits. I embrace life. I approach each class, each book, and each assignment with enthusiasm, happiness and joy. I thirst for knowledge. I look forward to reading and believing this creed each and every day.

I am a positive and successful student. I know each step I must take to continue to be that way. I am clear on my goals and see myself reaching them. I now realize my infinite potential, thus, my burden lightens. I smile and laugh. I have become the greatest student in the world.

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The Fun and Games Lure

Lesson Plan #14

Lesson Plan:

Prayer	Loving and gracious God, Help us to remember to always think first and stay safe. <i>Help us to create more laughter than tears as we go through the day.</i> This we pray in Jesus' name. Amen.
Scripture	Ecclesiastes 3:1-9 (there is a time for everything)
Saint or Hero	St. Maria Goretti

Additional Catechist Resources:

Symbol	Truth or Dare Game Sports equipment
Music	Olympic Theme song <i>Sing Alleluia</i> (Francis Patrick O'Brien, GIA) <i>All the ends of the Earth</i> (Marty Haugen, GIA)
Liturgy or Rites	Liturgy of the Hours
Prayers	See above
Church Teachings	<p>Social Doctrine of the Church: Ch. 6, Sect. III, e. 284: <i>Rest from work is a right. As God rested on the seventh day...so too, men & women, created in his image,...enjoy sufficient rest & free time ...to tend to their family, cultural, social & religious life.</i></p> <p>Compendium of the Social Doctrine of the Church, USCCB.</p> <p>CCC: 1145 <i>A sacramental celebration is woven from signs & symbols. ...their meaning is rooted in the work of creation & in human culture,...fully revealed in the person & work of Christ.</i></p> <p>1146: <i>Signs of the human world. ...signs & symbols occupy an important place. ...man expresses & perceives spiritual realities through physical signs & symbols.</i></p> <p>1147: <i>God speaks to man through the visible creation. Light & darkness, wind & fire, water & earth, the tree & its fruit speak of God & symbolize both his greatness & his nearness.</i></p> <p>1148: <i>...these perceptible realities can become means of expressing the action of God who sanctifies (humans), and the action of (humans) who offer worship to God. The same is true of signs & symbols taken from the social life of man...(they) can express the sanctifying presence of God & man's gratitude toward his Creator.</i></p>